

推薦人開心大使編號(如有):
Happy Referral Code (Optional):

[0 分代表非常不認同 / 不滿意, 10 分代表非常認同 / 非常滿意]
[0 means strongly disagree / very dissatisfied, 10 means strongly agree / very satisfied]



1. 我經常反思每天的生活, 努力完善自己。
I have a habit of reflecting. In so doing I want to improve myself.
2. 我從錯誤中學到很多, 智慧漸長。
I learn from mistakes and find myself becoming wiser over the years.
3. 我不時對錯失了的機會或自己的過失感到遺憾和困擾。
I tend to keep regretting about opportunities lost or wrongs done.

0 1 2 3 4 5 6 7 8 9 10



0 1 2 3 4 5 6 7 8 9 10

0 1 2 3 4 5 6 7 8 9 10



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4. 真正的成功必須獲他人認同。
True success must be recognized by others.

0 1 2 3 4 5 6 7 8 9 10



5. 我專注於自己做到最好，不介意別人如何評價我。
I have a habit of focusing on doing the best I can and I don't care about how others judge me.

0 1 2 3 4 5 6 7 8 9 10



6. 我接受我自己，不會因自己的不足而煩惱。
I accept myself as how I am and shall not be troubled by my own shortcomings.

0 1 2 3 4 5 6 7 8 9 10

7. 我力求生活平衡，工作娛樂飲食均有節制。
Moderation and balance are my motto. I never do anything in excess, whether it is work, eating, or having fun.

0 1 2 3 4 5 6 7 8 9 10



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8. 我十分關心我的家人。
I care for my family a lot.

0 1 2 3 4 5 6 7 8 9 10



9. 我關心社會上不幸的人。
I care for people who are less fortunate than myself.

0 1 2 3 4 5 6 7 8 9 10



10. 我的家人十分關心我。
My family members care for me a lot.

0 1 2 3 4 5 6 7 8 9 10



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11. 挫折使我變得更堅強。

I become stronger by going through difficulties and adversities.

0 1 2 3 4 5 6 7 8 9 10



12. 我願意為自己的信念和價值觀付出。

I am ready to make sacrifice to defend my convictions and values.

0 1 2 3 4 5 6 7 8 9 10



13. 我有信心克服困難，總會有更美好的將來。

I trust I can overcome difficulties and as long as I endure, things will turn better in future.

0 1 2 3 4 5 6 7 8 9 10



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14. 我掌握機會發揮所長。
I take advantage of opportunities to realize my potential.

0 1 2 3 4 5 6 7 8 9 10



15. 我有清晰的人生目標。
I have clear objectives in my life.

0 1 2 3 4 5 6 7 8 9 10



16. 我爭取做自己喜歡的事。
I actively look for opportunities to do things that I enjoy doing.

0 1 2 3 4 5 6 7 8 9 10

17. 整體來說，你現在有幾快樂呢？
Taking everything as a whole, how will you rate your happiness level?

0 1 2 3 4 5 6 7 8 9 10



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18. 下列活動，請填上您的參與度和評價。

Please rate your participation and how important it is to you.

活動

Activity

參與度(在過去一個月內)

Have you participated in this activity
in the past month:

重要或不重要

How important it is to you:

與家人飲茶或吃飯

Having a meal with family members

沒有 No

重要 Important

賭博活動

Any kind of gambling

有 Yes

不重要 Not Important

看電影或影碟

Watching movies or videos

有 Yes

重要 Important



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18. (續) 下列活動，請填上您的參與度和評價。
(Cont') Please rate your participation and how important it is to you.

活動
Activity

參與度(在過去一個月內)
Have you participated in this activity
in the past month:

重要或不重要
How important it is to you:



運動
Sports or exercises

沒有 No

不重要 Not Important



行山、郊遊
Hiking or enjoying the countryside

沒有 No

不重要 Not Important

買股票、窩輪、期指、外匯
Buy stocks, warrants, stock index
futures, foreign currencies

有 Yes

不重要 Not Important



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18. (續) 下列活動，請填上您的參與度和評價。
(Cont') Please rate your participation and how important it is to you.

活動
Activity

參與度(在過去一個月內)
Have you participated in this activity
in the past month:

重要或不重要
How important it is to you:

音樂(唱歌、聽歌、樂器、音樂會)
Music(Singing, listening to music,
instruments, concert going)

沒有 No

不重要 Not Important

做義務工作
Volunteering

沒有 No

不重要 Not Important

捐款
Making donations

有 Yes

重要 Important



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19. 你的就業狀況是：

What is your employment status:

法定機構僱員 Employee with a statutory body

20. 你每周平均工作多少小時？

How many hours on average per week do you work?

5

21. 你是否感到工作壓力過大？

Do you feel that your job pressure on the job is excessive?

是 Yes

22. 你的工作是否需要輪班工作？

Do you need to work on shifts?

偶然 Yes and occasionally

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23. 你有否感到財政壓力？
Do you feel that you face financial pressures?

少許 A little

24. 年齡大約是 [以上一次生日計算]？
Your age falls in which of the following bands (as of your last birthday)?

19-20 歲

25. 請問你現時個人平均收入 [包括綜援收入] 每月多少？
Your monthly personal incomes, inclusive of any assistance given by the government, amounts on average to?

無收入 Nil

26. 請問你現時的家庭平均收入每月多少？
What is your monthly household income?

\$ 3,000 以下 Below \$3000

27. 家中共有多少成員？
How many members are there in your family?

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28. 性別
Sex

男 Male



29. 請問你的教育程度是
Your educational level is:

未接受正規教育 No formal schooling



30. 婚姻狀態
Marital Status

離婚 Divorced

31. 你住在哪區?
Where do you live(please check one):

灣仔區 Wan Chai



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32. 你現在居住的單位是
The unit you live is :

自置物業 Private Home

33. 過去五年內有否搬遷?
Have you ever moved in the past
5 years?

是 Yes

34. 如有，原因為何?
If you did, why did you move?

住好一點 To enjoy better housing quality

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35. 英文全名
English Name In Full

姓 Last name tai 名 First name fasdf
(必須與身份證相同 Must match your HKID Card)

36. 香港身份證號碼
(英文字與首3位數字)
HKID
(English letter with first 3 digits)

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(領獎時須提供有效的香港身份證號碼作核對)
(Please present a valid HKID card for verification upon prize collection.)

37. 手提電話號碼
Mobile Phone Number

34141234 38. 電郵地址
E-mail address rraere@yahoo.com.hk

39. 住址
Address

134 室 Flat 3423 樓 Floor 4231 座 Block 234324 屋苑 Estate/Building
234234 街道 Road/Street 23424 地區 District

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