

	30 or Below	30-49	50 or Above
我樂意助人。	7.36	7.68	7.76
對於自己能力處理範圍以外 的事情，我不會去多想。	5.33	6.22	6.75
做人要謙卑。	7.94	8.23	8.20
遇到挫敗我不氣餒。	7.18	7.65	7.70
我有清晰的人生目標。	6.58	7.44	7.48

Happiness Regression – with Demographics Added

	Coefficient	t-Statistic	Prob.
關愛 Love	0.075	1.36	0.175
智慧 Insight***	0.304	4.90	0.000
堅毅 Fortitude*	0.083	1.75	0.081
行動 Engagement***	0.146	3.30	0.001
女性 Female	-0.110	-0.83	0.408
30 – 49歲 Aged 30 – 49	0.032	0.12	0.905
50歲或以上 Aged 50 or Up**	-0.548	-2.02	0.044
已婚或同居 Married or Cohabitation	-0.257	-1.05	0.294
Aged50up X Married or Cohabitation***	0.850	2.61	0.009
家庭收入 Household Income = \$0	-0.029	-0.13	0.898
家庭收入 Household Income >\$0 and < \$10,000	0.387	0.26	0.140
家庭收入 Household Income > \$40,000	0.216	1.44	0.151
財政壓力 Financial stress***	-0.100	-4.42	0.000
常數 (Constant)***	3.023	6.45	0.000

Adjusted R-squared = 0.228
(***indicates 1% significance)

F-statistics = 13.63***
(** indicates 5% significance) (* indicates 10% significance)

N = 557

Happiness Regression – Policy and Environment Factors Included

	Coefficient	t-Statistic	Prob.
關愛 Love	0.070	1.32	0.187
智慧 Insight***	0.214	3.55	0.000
堅毅 Fortitude*	0.075	1.66	0.098
行動 Engagement***	0.127	2.99	0.003
女性 Female	-0.118	-0.93	0.352
30-49歲 Aged 30 – 49	0.024	0.10	0.924
50歲或以上 Aged 50 or Up***	-0.717	-2.76	0.006
已婚或同居 Married or Cohabited	-0.279	-1.21	0.228
Aged50up X Married or Cohabitation***	0.911	2.94	0.003
家庭收入 Household Income = \$0	-0.101	-0.47	0.639
家庭收入 Household Income >\$0 and < \$10,000	0.270	1.07	0.283
家庭收入 Household Income > \$40,000	0.202	1.41	0.159
財政壓力 Financial stress***	-0.083	-3.82	0.000
對施政滿意度 Satisfaction with Administration of Public Policy	0.037	1.40	0.163
對生活環境滿意度 Satisfaction with Living Environment***	0.232	6.53	0.000
常數 (Constant) ***	2.439	5.39	0.000

Adjusted R-squared = 0.32
 (***) indicates 1% significance)

F-statistics = 17.82***
 (** indicates 5% significance) (* indicates 10% significance)

N = 546

Trend of LIFE Scores from 2010 to 2014

LIFE Scores	2010		2011		2012		2013		2014	
	平均值 Mean	人數 N	平均值 Mean	人數 N	平均值 Mean	人數 N	平均值 Mean	人數 N	平均值 Mean	人數 N
關愛 Love	8.35	809	7.65	772	8.11	912	8.50	933	8.17	912
智慧 Insight	7.49	814	7.31	768	6.96	886	7.15	871	7.22	857
堅毅 Fortitude	7.28	807	7.28	791	7.43	876	7.68	919	7.62	913
行動 Engagement	6.73	797	7.35	742	7.28	896	7.3	921	7.33	904

Trend of LIFE Scores by Gender from 2010 to 2014

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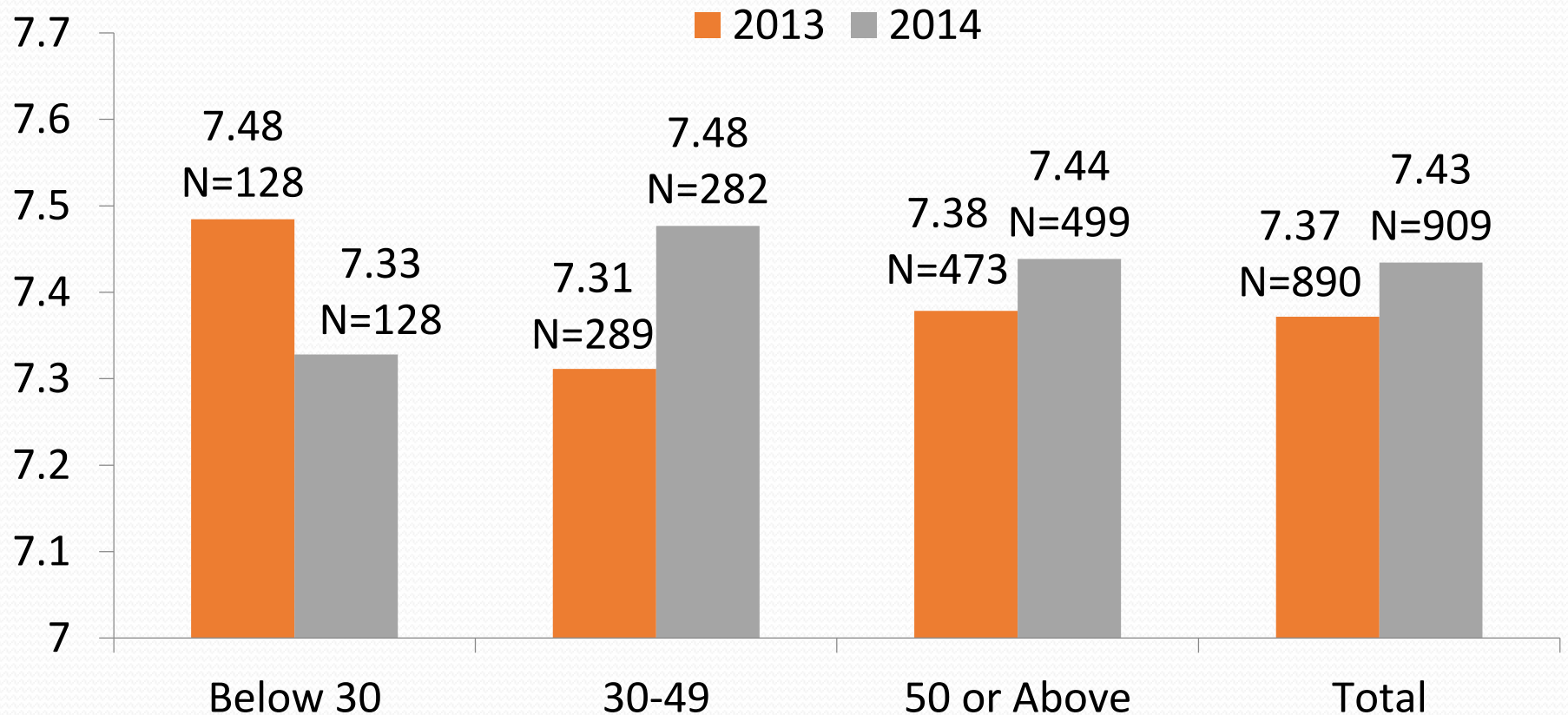
性別 Sex	Year	關愛 Love					智慧 Insight					堅毅 Fortitude					行動 Engagement				
		10	11	12	13	14	10	11	12	13	14	10	11	12	13	14	10	11	12	13	14
男性 Male	平均值 Mean	8.11	7.21	7.88	8.28	8.00	7.3	6.95	6.72	6.95	6.99	7.18	7.13	7.2	7.63	7.61	6.47	6.92	7.09	7.21	7.35
	人數 N	299	312	360	372	378	299	313	352	353	353	298	323	354	367	380	292	302	358	370	377
女性 Female	平均值 Mean	8.48	7.95	8.25	8.64	8.30	7.59	7.52	7.12	7.29	7.39	7.33	7.37	7.58	7.71	7.62	6.88	7.39	7.4	7.36	7.32
	人數 N	521	474	552	561	534	526	472	534	518	504	520	487	522	552	533	516	454	538	551	527
合計 Total	平均值 Mean	8.35	7.65	8.11	8.5	8.17	7.49	7.29	6.96	7.15	7.22	7.28	7.28	7.43	7.68	7.62	6.73	7.2	7.28	7.3	7.33
	人數 N	820	786	912	933	912	825	785	886	871	857	818	810	876	919	913	808	756	896	921	904

Trend of LIFE Scores by Age Groups from 2010 to 2014

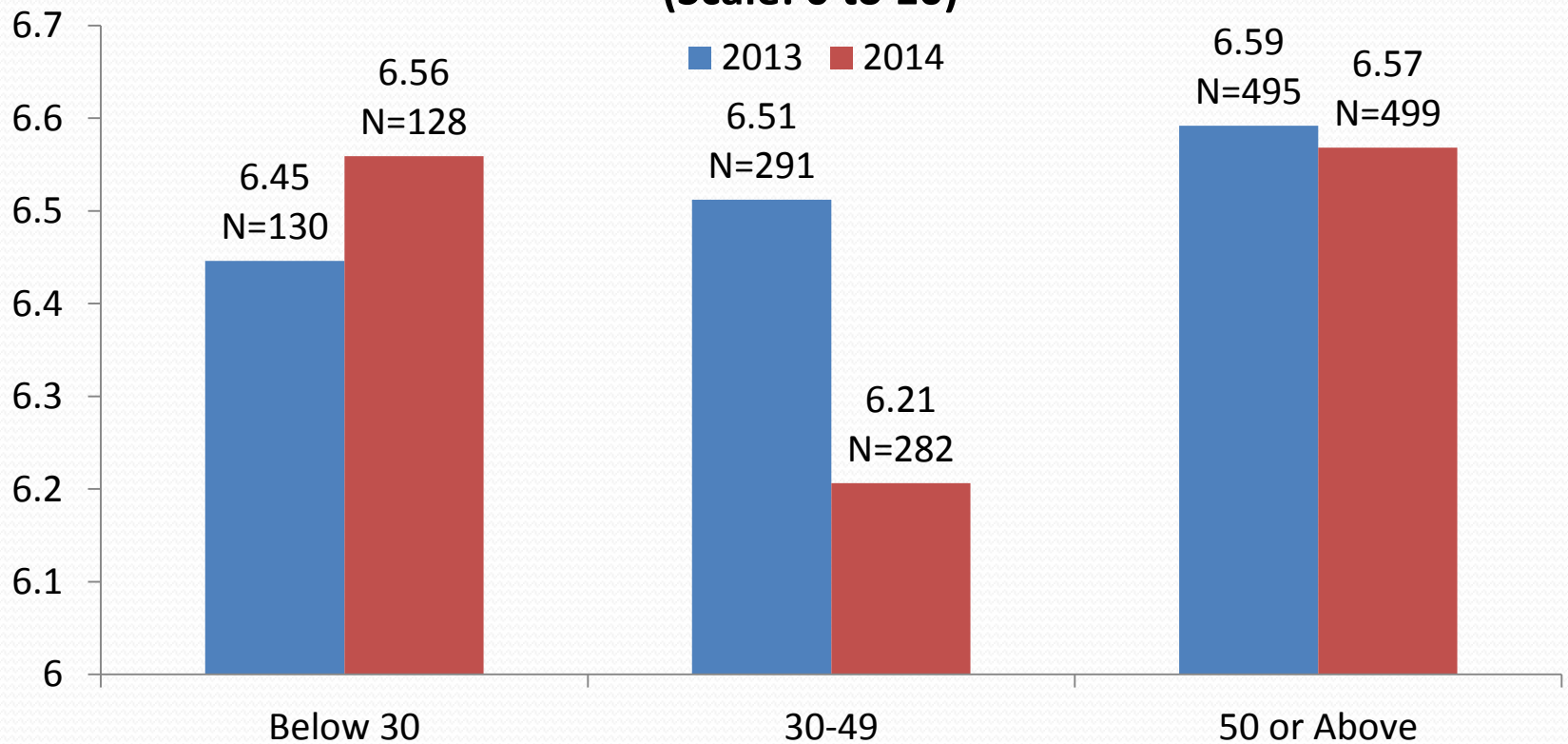
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		關愛 Love					智慧 Insight					堅毅 Fortitude					行動 Engagement				
Age Group	Year	<u>10</u>	<u>11</u>	<u>12</u>	<u>13</u>	<u>14</u>	<u>10</u>	<u>11</u>	<u>12</u>	<u>13</u>	<u>14</u>	<u>10</u>	<u>11</u>	<u>12</u>	<u>13</u>	<u>14</u>	<u>10</u>	<u>11</u>	<u>12</u>	<u>13</u>	<u>14</u>
21-29	平均值	7.61	7.64	7.82	7.82	7.77	6.54	6.9	6.48	6.54	6.72	6.55	7.13	6.97	7.15	7.18	6.58	7.35	6.87	6.81	6.58
	人數	143	144	157	130	128	143	144	156	128	125	143	144	156	130	128	143	143	155	130	128
30-59	平均值	8.51	7.64	8.18	8.61	8.20	7.62	7.38	6.98	7.17	7.19	7.42	7.32	7.47	7.75	7.64	6.9	7.3	7.41	7.38	7.46
	人數	517	472	534	521	507	516	471	526	495	481	515	479	519	515	507	510	469	535	518	507
60 or above	平均值	8.52	7.71	8.11	8.61	8.32	7.93	7.5	7.31	7.45	7.54	7.51	7.3	7.73	7.81	7.77	6.27	6.66	7.21	7.39	7.48
	人數	149	156	207	269	265	155	153	191	237	241	149	168	189	262	266	144	130	193	261	256
Entire sample	平均值	8.35	7.65	8.1	8.5	8.17	7.49	7.31	6.96	7.15	7.22	7.28	7.28	7.44	7.68	7.62	6.73	7.2	7.27	7.3	7.33
	人數	809	772	898	920	900	814	768	873	860	847	807	791	864	907	901	797	742	883	909	891

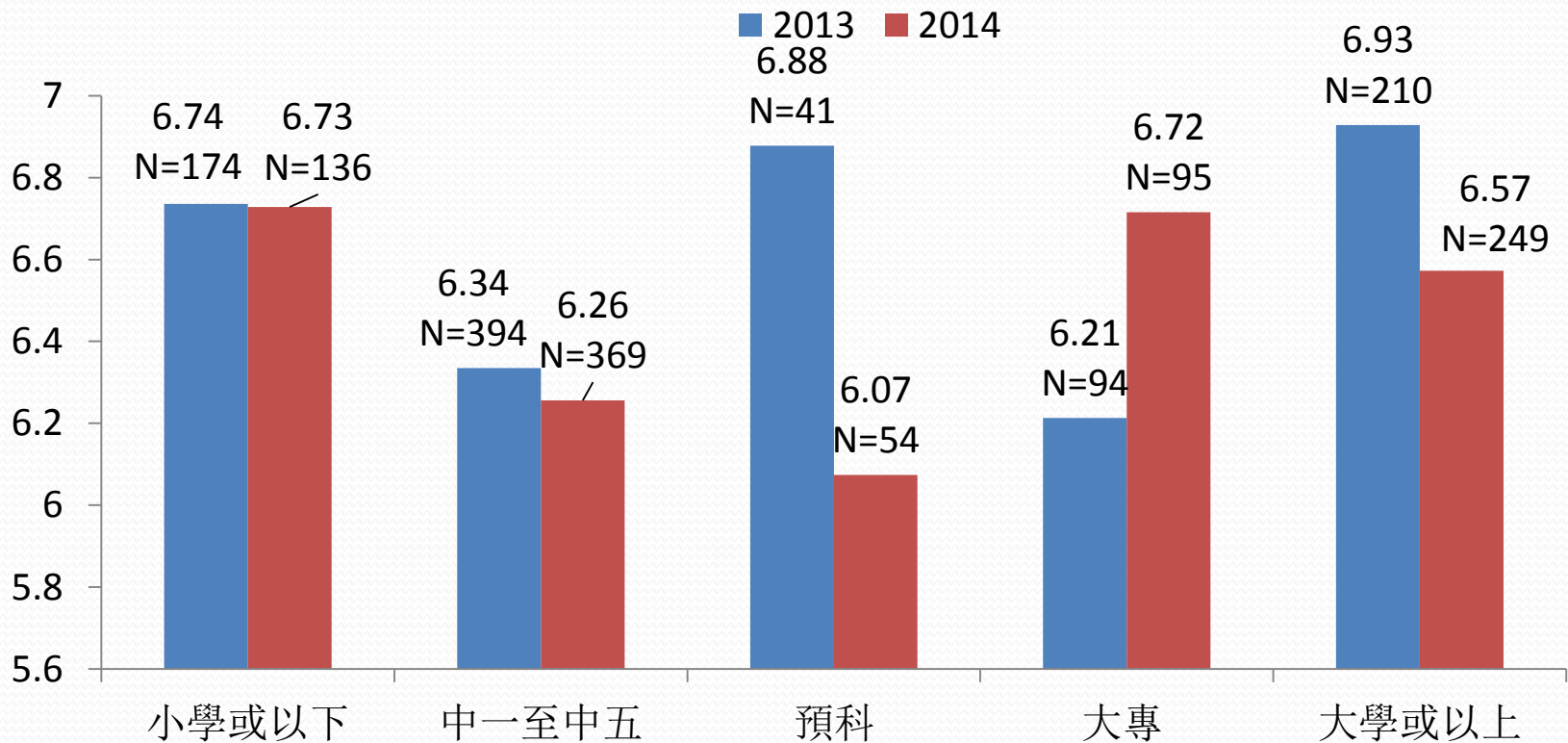
認為活在世上很有價值的程度
Life is Really Worth Living by Age Groups
2013 and 2014 (Scale: 0 to 10)



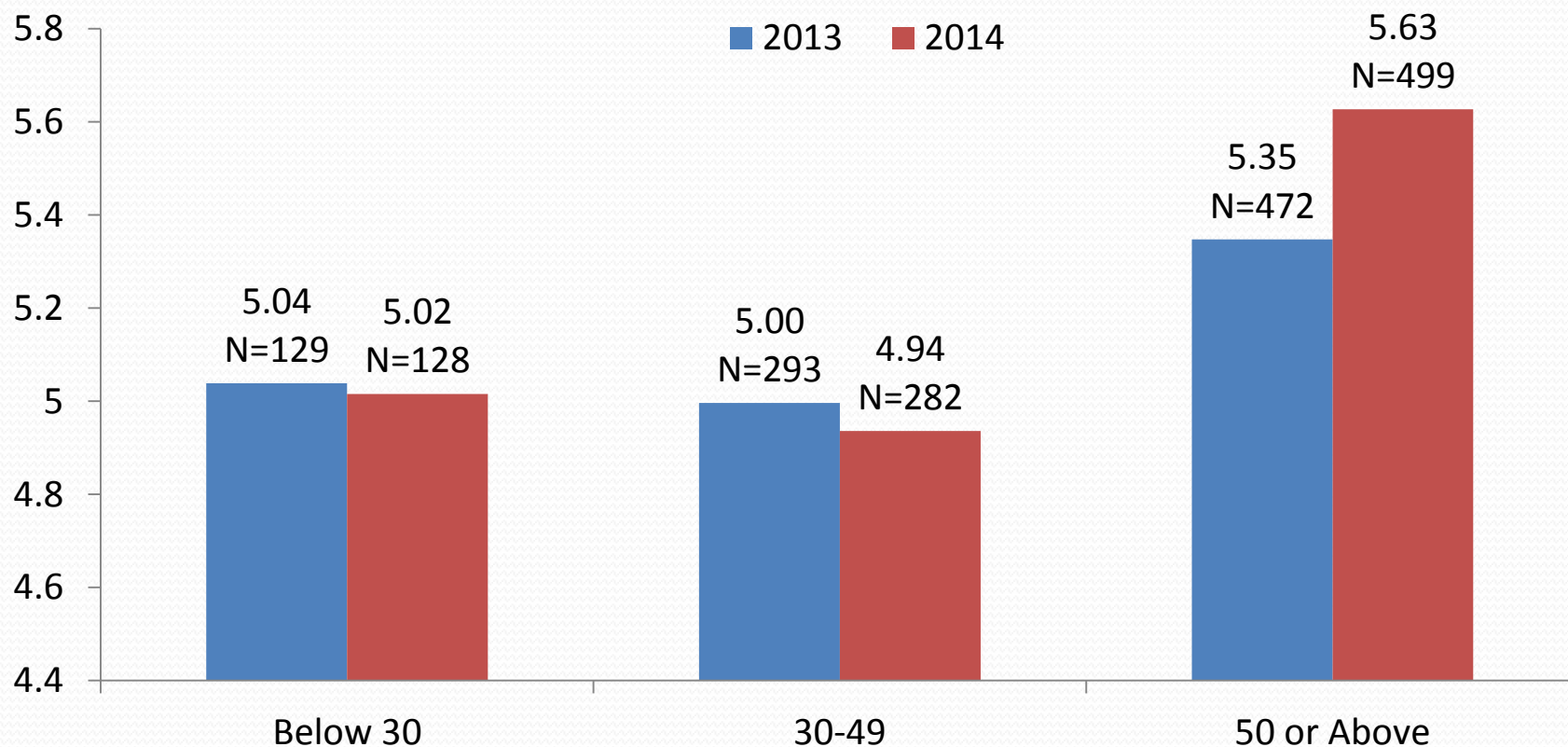
按年齡組別排列
對生活上的一切都很滿意的程度
Satisfied with everything in life by Age Group
(Scale: 0 to 10)



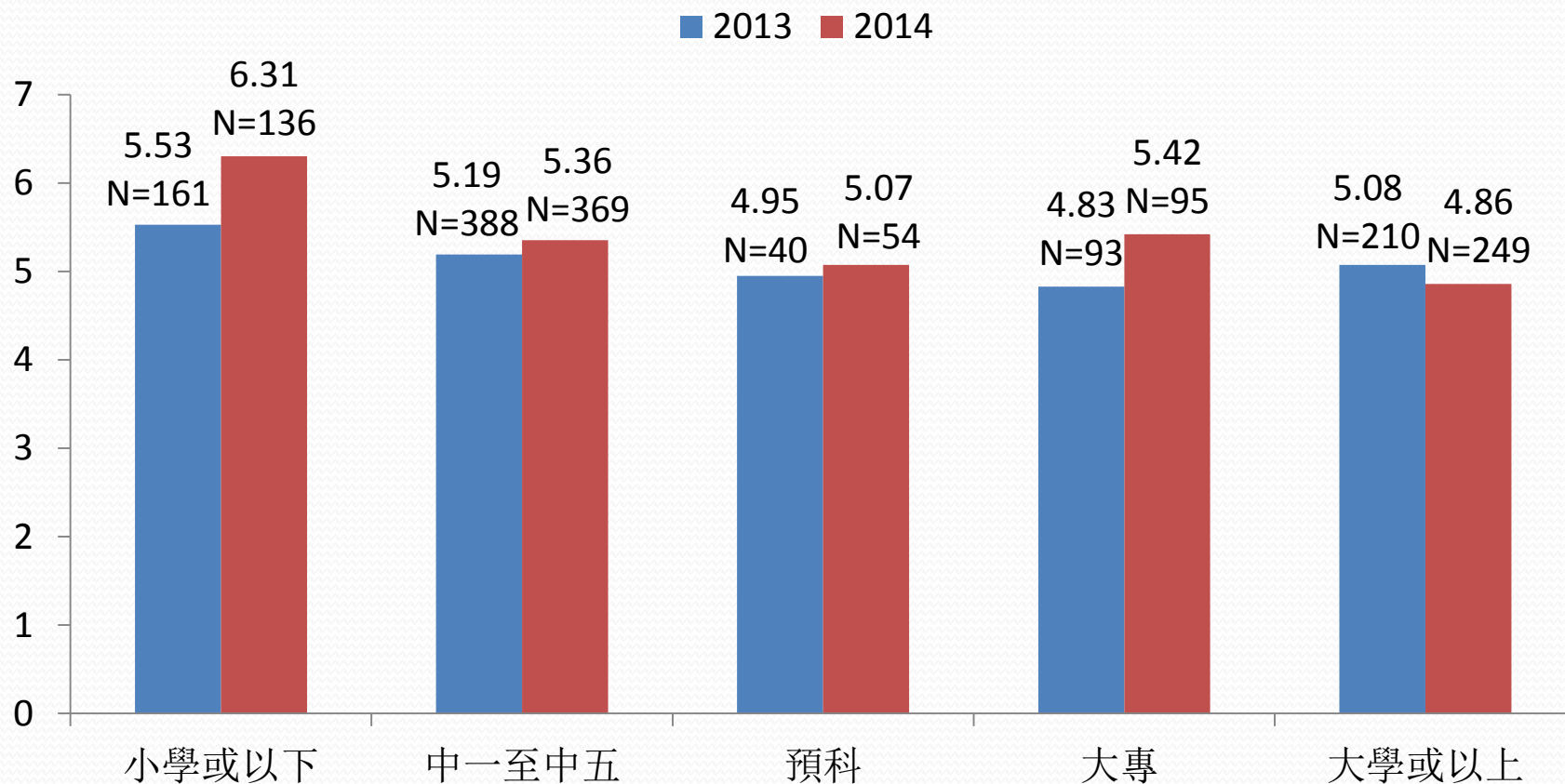
按教育程度排列
對生活上的一切都很滿意的程度
Satisfied with everything in life by Education level
(Scale: 0 to 10)



香港是一個理想的生兒育女的地方
Hong Kong is an ideal place to raise children by Age group
(Scale: 0 to 10)

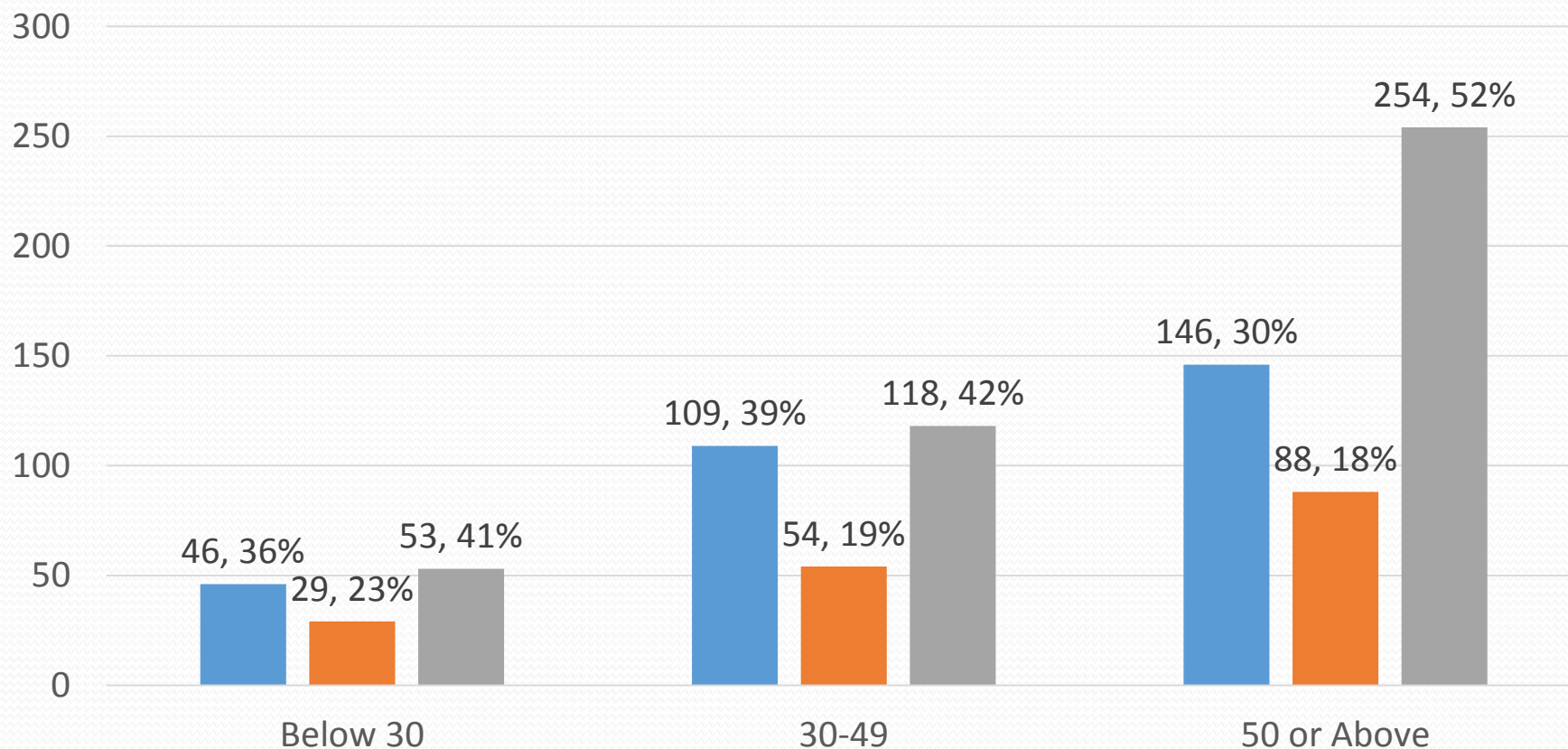


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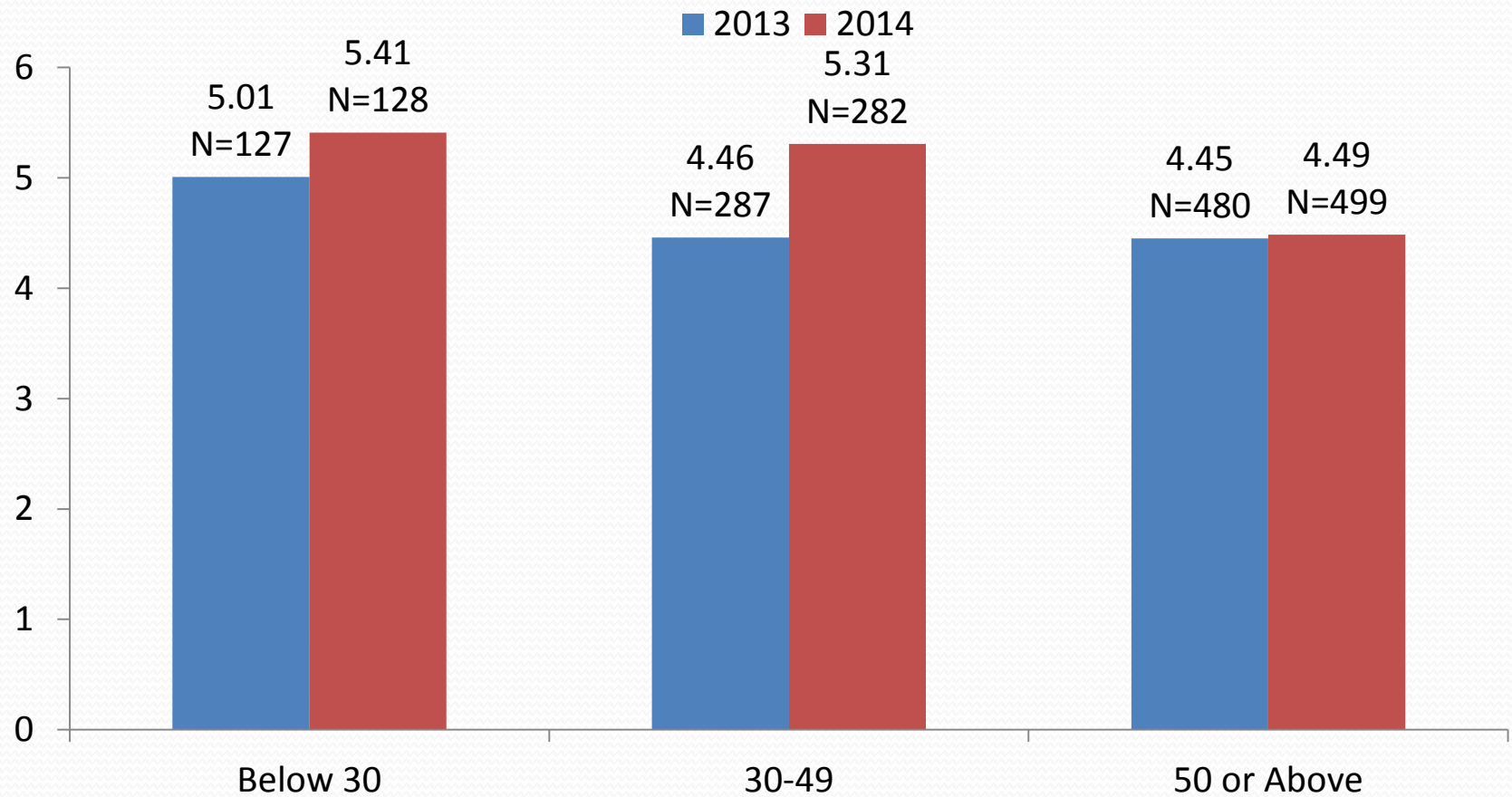


香港是一個理想的生兒育女的地方
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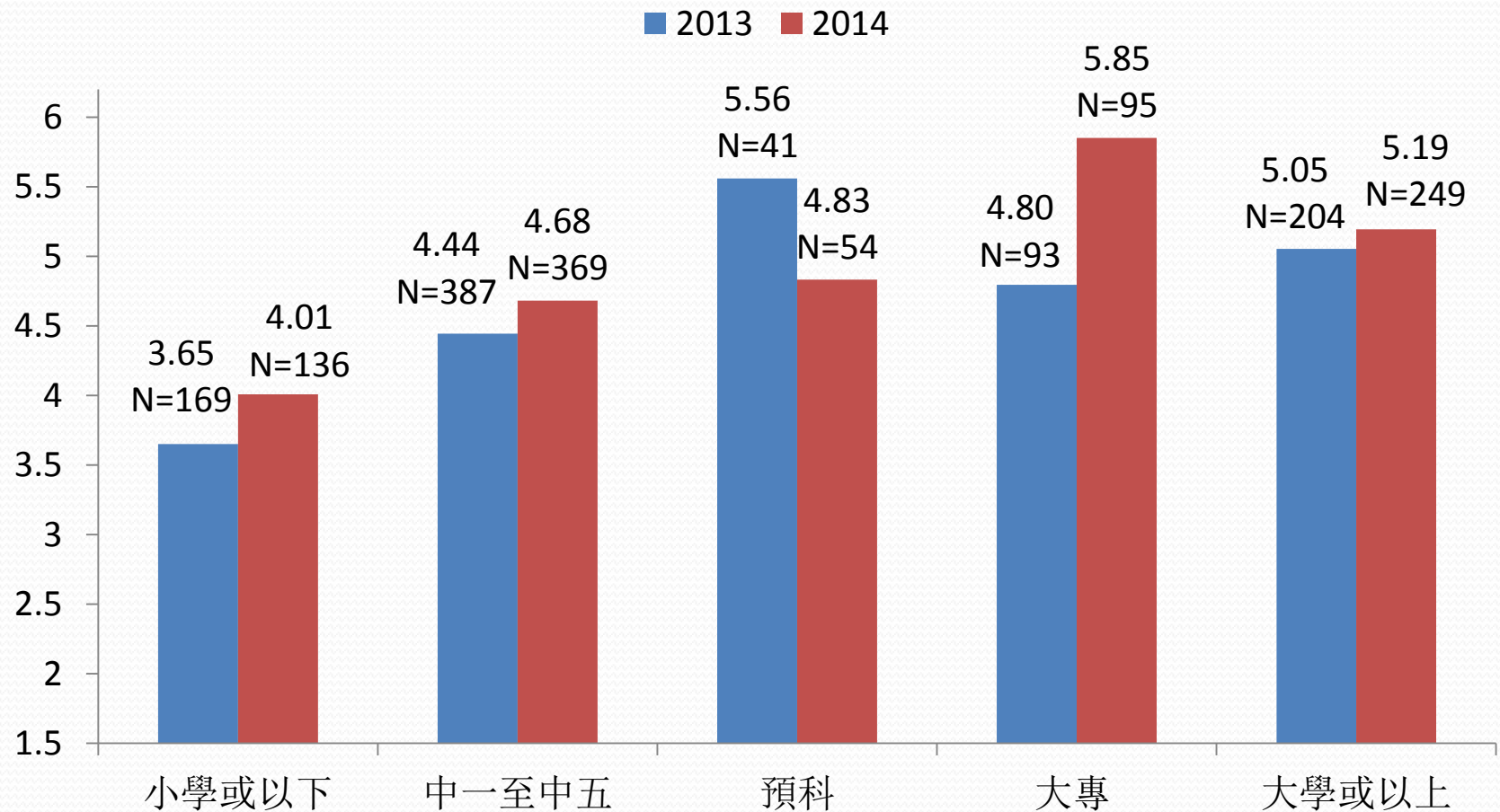
■ Disagree (≥ 0 and ≤ 4) ■ Neutral ($= 5$) ■ Agree (≥ 6 and ≤ 10)



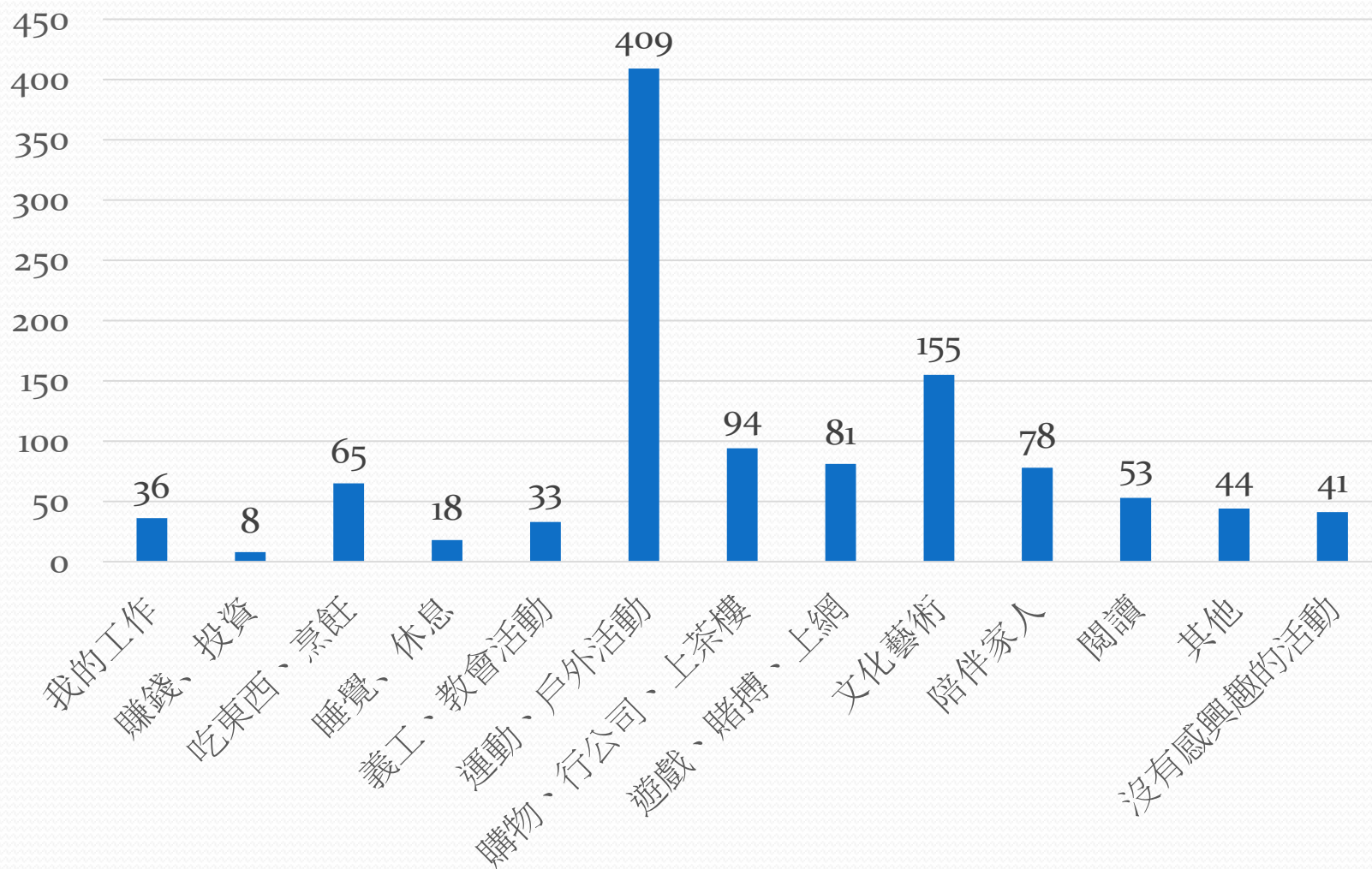
過去一年內曾主動做過不少沒有報酬的志願工作
(Scale: 0 to 10)



過去一年內曾主動做過不少沒有報酬的志願工作
(Scale: 0 to 10)



最喜愛的活動，包括工作，是甚麼



Happiness Index, Life Satisfaction and Life Worth Living by Gender and by Age Groups, 2013 and 2014

		Happiness				Life Satisfaction				Worthy Life			
	age Year	30 or Below	30-49	50 or Above	Total	30 or Below	30-49	50 or Above	Total	30 or Below	30-49	50 or Above	Total
Male	2013	6.84	6.63	7.03	6.81	6.25	6.30	6.42	6.33	7.17	6.93	7.21	7.07
	2014	6.71	6.71	7.25	6.95	6.32	5.98	6.47	6.30	7.13	7.17	7.51	7.32
	N	68	115	191	374	68	116	192	376	68	114	184	366
Female	2013	7.03	7.28	7.23	7.14	6.66	6.64	6.70	6.60	7.82	7.54	7.48	7.50
	2014	6.87	7.13	7.20	7.12	6.83	6.36	6.63	6.57	7.55	7.69	7.39	7.52
	N	60	166	305	531	59	165	306	530	60	165	295	520
All	2013	6.93	7.03	7.15	7.05	6.45	6.51	6.59	6.52	7.48	7.31	7.38	7.37
	2014	6.78	6.96	7.22	7.05	6.56	6.21	6.57	6.46	7.33	7.48	7.44	7.43
	N	128	281	496	905	127	281	498	906	128	279	479	886

* Based on 2011 Census Age Structure Weights

結論 Conclusions

- 香港的快樂指數近期在高位徘徊
- 香港人的心理質素有上升趨勢，儘管近期爭拗持續，毋損快樂指數。愛智毅行全面提升。
- 對施政滿意度由4.14升至 4.34，但仍然比中性的5低。
- 香港人酷愛運動和戶外活動，卻並不熱衷投資賺錢。

London-based Legatum Institute, Prosperity Index

- To build the index Legatum incorporated “a mixture of traditional economic indicators alongside measurements of well-being and life satisfaction.” The result is a list of 142 countries, covering 96% of world population and 99% of global GDP, ranked from most to least prosperous — the Happiest and Saddest Countries in the world.

1. Norway(1 last year)

Enjoying the harborside in Bergen, Norway. In 2014 the Scandinavian nation ranked 1st overall on the Legatum Institute's Prosperity Index for the 6th straight year, with leading scores in the Economy and Social Capital sub indexes.

18. Singapore(18 last year)

20. Hong Kong(19 last year)

Hong Kong in numbers 2014:

Overall Rank: 20th of 142

Best Ranking: 1st in Safety & Security

Worst Ranking: 60th in Education

GDP/Capita (PPP): \$51945.6 USD

Avg Life Satisfaction: 5.5 of 10